

TRANSPORT SAIL WITH ELIDA



WATCH TEAMS

00:00–04:00 & 12:00–16:00

Doing dishes after lunch
Setting up "fika" (15:30)
Clearing away afterwards

•

04:00–08:00 & 16:00–20:00

Making breakfast (08:00)
Cooking dinner (18:00)
Doing dishes after dinner

•

08:00–12:00 & 20:00–00:00

Doing dishes after breakfast
Cooking lunch (12:00)

Wake next watch up
15 minutes before
watch shift

WELCOME ONBOARD

We're so happy that you've decided to sail with us on Elida, and we look forward to spending time together and experience a great voyage out on the big blue!

Commander onboard is Stefan Abrahamsson, and along with him and the ordinary crew you will now be part of the team that will sail Elida during this leg of the voyage. With the exception of Stefan, all onboard will be divided into three watch teams, which each has a watch leader, who is the one communicating with Stefan regarding decisions on sail trimming etc during the respective watch.

Besides steering the watch members are together responsible for the chores that go along with the respective watch (see left).

WATCHES

You will be able to wish which watch team you would prefer the most, as well as your "number two", and we will then do our best to accommodate everyone's desires.

We ask that you be flexible and partake in all chores that your watch is responsible for. If you, after some time, would feel that it doesn't work for you, you can speak with the Captain and we will try to find a better solution for you. It is important that everyone is comfortable with their watch.

We wish that everyone is up for lunch, and at 12–16 we have joint fellowship on deck, where we ask that all are present, even if you're not on watch. The reason is we want everyone to get know one another. This is also when we have a gathering for both prayer and information.



SECURITY MINDSET

- Always use life vest or survival suit when it's dark or very windy.
- Only use one ear piece when listening to something, with one ear free to hear an order.
- Always squat when maneuvering the deck winches as we're dealing with strong powers and the line can easily slip off and out of your hand, unless you keep it tight and in the right angle.
- Avoid the very aft (lower) deck as far as possible, but if you need to do something there, ask someone to keep an eye on you.
- If possible, avoid aft (upper) deck during evenings and nights, but if you need to do a maneuver there, ask someone to keep an eye on you.
- If possible, use sailing gloves in strong winds.
- Be careful not to hurt yourself in doors or hatches.
- Go around the ship now and then to check attachments, screws, shackles etc. Let someone know if something doesn't look right.

SECURITY ONBOARD ELIDA V

MAN OVERBOARD

If you see someone fall overboard, shout "Man overboard!" as loud as you can to get everyone's attention. It is of greatest importance that someone points with the whole arm and hand toward the person in the water and not let go of eye contact as it's so easy to lose track of someone among the waves.

Meanwhile, someone throws in a life buoy, while a third person pushes the MOB-button in the navigation cabin to mark the spot on the sea chart.

We will then begin to maneuver Elida back toward the person in the water. In calm waters, we will use the RIB, which will collect the person. However, it's vital that someone keeps pointing toward the person in distress so that the crew member driving the RIB can steer in the right direction.

IN CASE OF FIRE

The fire alarm onboard is a loud, pulsating sound. Whenever you hear it, quickly go to the steering place and wait for further orders.

In every cabin entry there's a fire extinguisher, which should be used first-hand in case of fire. The most important thing is to put out the fire as soon as possible.

Elida V is built in a floating material, so even if you would fill every section with water, she would still float by the surface. It's also very difficult to set fire to it. This means that in case of an (unlikely) accident or fire, the wisest thing to do is to remain onboard as long as possible. This is a general guideline out at sea: Don't leave the mother ship until no other option remains.

"ALL HANDS"

The order "All hands!" is given in case of a situation requiring everyone's immediate attention and gathering to help. Whenever you hear this, it is vital you get to the steering place as quickly as you can. This could happen, e.g., when in strong winds the anchor let go of the bottom and we need all manpower quickly to get the anchor up, or if a sail rips and we need help to catch it and quickly get it down.

It's all about unforeseen situations, so it's difficult to give exact examples, but: Whenever you hear the order, turn up.

ENVIRONMENT

Food leftovers, glass and paper are to be thrown in the ocean whenever we're more than one nautical mile from shore.

However, it's **always** forbidden to throw plastics in the ocean! So be careful with what goes into the sea.



IN GENERAL

On Elida we make our water with the help of a water maker. Thus, we have varying amounts of water at varying times. Therefore, we ask that you're always quick and frugal in your use of water and check with our chief (engineer) when it's a good time to take a quick shower. In general, never let water keep running.

We do all dishes by hand, and you find routines posted in the dish room. Again, be frugal with the water. If possible, use sea water for pre-dish.

We generally take out trash whenever we reach land. But as it sometimes might take a few days, we ask that you flatten boxes/containers and do what you can to minimize their size in the trash cans.

Whenever we reach a port, Stefan needs to go to the port office to clear the ship. This might take some time, and before all is set no one is allowed to leave the ship. While waiting, we often use the time to have what we call a "happy hour," when we scrub and clean Elida. Information regarding this will be given at the time.

In case of free time ashore, you will get certain times to keep. It's important that everyone respect these! We also allow people tend to their own as far as food while in port for a longer period. That means you can either buy food ashore or use whatever the cook says is available in the galley. If you cook onboard, make sure you clean up and do dishes afterwards.

Please make sure no one is left walking alone (unless wanting to) whenever we have time ashore.

FAMILIARISATION

When it comes to hoisting sails and pulling lines, we ask that everyone helps out. If you're inexperienced, the best thing is to "watch and learn" in the beginning and then try yourself when you have an experienced person with you. Maybe you have your own boat at home and your own routines, but it's still important to tune in to how we do things on Elida.

When you're confident with the various routines, there's a so called familiarisation that you can do onboard, which means you check off certain tasks that you can handle and then get a sort of "certificate" showing what you know. If this is interesting to you, speak with the Captain or boatswain and they will go through everything with you during the voyage.

We hope you will feel at home onboard and that you'll have the trip of your life! Many have testified how much this journey has meant to them, for body as well as soul and spirit. We wish you a blessed voyage!

WELCOME TO US ON ELIDA!